



The All Saints Curriculum:
A guide for parents

All Saints
Catholic Primary School
Anfield

All Embrace



LIVERPOOL
PHILHARMONIC

IntoUniversity



Introduction to All Saints

We are delighted to produce this **All Embrace** booklet for you. Through the **All Embrace** initiative, we aim to cover all the areas of the curriculum listed below.

Crucially, we do this not in isolation but with our valued partners in the community. In this way, we hope that each of our pupils leave the school in good physical and emotional health, full of character and resilience, ready for the new challenges they face.



"To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear."

BUDDHA

"It is health that is real wealth and not pieces of gold and silver."

MAHATMA GANDHI

Welcome to our curriculum guide, **All Embrace**. This is to be read alongside Part 1 of our curriculum, **All Encompass**.

All Embrace is a values-rich curriculum that seeks to develop pupils' sense of service, responsibility and leadership. It seeks to give them valuable experiences that assist them in matching their learning skills with both relevant and deep knowledge, all supported by core values centred around our faith.

We have a very clear rationale for our curriculum; that learning should not be seen in isolation. Wherever possible, it should build on strong community links – within the school, in our local and national communities, and even through deep links in different parts of the world.

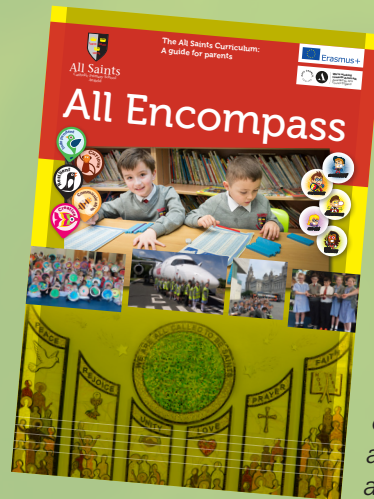
This knowledge can bring with it added depth, because it is seen in context. Added to this is a focus on 5 learning skills which the school has identified as being crucial to each child's education: Creativity, Communication, Independence, Curiosity and Resilience.

So what does an All Saints pupil, enriched by an All Encompass and All Embrace Curriculum, look like when they leave Year 6?

An All Saints pupil.

'Cody has just left All Saints for secondary school after eight years at the school. Thanks to a growing independence and maturity towards learning, Cody is an interested and fluent reader, an expressive and creative writer, and has a curiosity for the natural world, for science, technology and mathematics.

Cody loves the arts, and has performed on several occasions confidently, whether



music, dance, drama. Additionally, Cody has represented the school as a collaborative team player in sport or other outdoor pursuits, demonstrating resilience and perseverance. Within the wider school community, Cody has engaged regularly with other schools in the UK and across the world, and other organisations such as charities, therefore understanding the importance of service for the common good.

As a result, Cody is kind, considerate and sociable, with a respect for the natural environment and the people in it.

Cody is very well-equipped for the next stage of the learning journey that lies ahead.'

This is our ambition for all our pupils, irrespective of ability.

Our 'All Embrace' curriculum has several key beliefs that run through all of its elements:

- That our pupils should learn alongside their community, developing leadership and communication skills as they do so.
- That content and activities should be planned where possible so that rich knowledge can be seen in action.
- That staff strive to link core knowledge and vocabulary to these learning opportunities, generating a level of curiosity and interest that engages pupils.
- That music is a core driver for the school, helping to improve social skills, listening, resilience, organisation, self-discipline and collaboration.
- That pupils' physical and mental health are of paramount importance.

All Saints, All Embrace.

Introduction to All Saints

"Set your goals high, and don't stop till you get there."

BO JACKSON, RETIRED AMERICAN BASEBALL AND FOOTBALL PLAYER. HE IS THE ONLY ATHLETE TO BE NAMED AN ALL-STAR IN TWO MAJOR AMERICAN SPORTS.



Physical Health and Sport

Curriculum

From Nursery to Year 6 every child will experience a wide range of sports such as athletics, basketball, cricket, football, tennis and even more! They will benefit from having quality PE lessons taught by our own staff and LFC Foundation Coaches. Our main aim is to encourage children to enjoy sport and incorporate it in their daily lives.

Clubs and Competition

Whether it be for enjoyment, to keep fit or prepare for competitions, All Saints provides the children with the opportunity to participate in morning, lunchtime and after school clubs. We are proud to offer many sports clubs every day of the week and have 'Wake and Shake' sessions on a Wednesday morning, when the whole school get together and participate in dance to get them prepared for the day ahead. Some year groups are now organising their own lunchtime competitions refereed by staff and LFC coaches. It allows the children to become independent and organise events where fixtures, match reports and league tables are created and displayed on the PE notice board or on the school website. Year 6 children have been trained as play leaders and organise games and activities for younger children on the yard every lunch time. Pupils also have opportunities to compete against pupils from all over Liverpool in a variety of sports, allowing them to build friendships and transfer skills they have learnt to competition. In addition to this, we are continuing to create links with many out of school hours clubs and societies which can be found, regularly updated, on our website.



"If you fail to prepare, you're prepared to fail."

MARK SPITZ, NINE-TIME OLYMPIC CHAMPION, AND FORMER WORLD RECORD-HOLDER IN MULTIPLE EVENTS.



Wellness Week

We celebrated our very first Wellness Week in 2018! Instead of the traditional sports day, it involves a full week dedicated to sport and wellness. It begins with an opening ceremony, where every child dresses up in their house colour. Flag bearers parade round the yard, there is a whole school 'Wake and Shake', and it is finished off with a rendition of our national anthem. Throughout the week every child will have the opportunity to participate in sporting events, taste new foods and have technology free days. It's an action packed week promoting sport and you never know we could unearth the next Jessica Ennis, Mo Farah or even Usain Bolt!



Physical Health and Sport

Physical Health and Sport

Residentials

For many young people, a primary school residential visit will be their first time staying away from home, an experience that stays with them for the rest of their lives. Our KS1 pupils travel to Crosby Hall, whilst KS2 cross the border to Colomendy in Wales. Each residential trip combines educational and adventure activities for young people to support and enhance their formal education, teaching them key life skills, helping them grow in confidence and encouraging their appetite for learning.





LFC Foundation

The Club's commitment to our pupils helps children improve their skills and improve the health and wellbeing of children. Their key aim is to raise the aspirations and skills of young people for a better life, through sports participation and physical activity. Great emphasis is placed on rewarding achievement and building up the self-esteem of the children to give them more confidence when learning. Along with assisting our PE curriculum, they offer competitions in a variety of sports, participation in an Anfield Mini-League, free community sports sessions and tickets to Premier League matches. However, they do not only work with our sporting activities but provide us with academic opportunities through the Primary Stars programme – run by the Premier League - PSHE activities such as gang awareness and collapsed curriculum days at the stadium. The stadium gives pupils many educational experiences making learning as special as possible.



Foundation

Physical Health and Sport

Attendance

Attendance

At All Saints, we aim to work with parents to attain high levels of attendance for all our pupils. We aim for every class to have an attendance of at least 97%. Class certificates are awarded each week for classes which achieve the 97% target. We offer a variety of incentives and rewards throughout the year to encourage good attendance and recognise those pupils who attain 100% attendance each half term. As Nelson Mandela said, 'Education is the most powerful weapon which you can use to change the world.' So it is vital that our children come to school every day to help play their part in changing our world for the better.



"Just keep going. Everybody gets better if they keep at it."

All Embrace 2018-2020

TED WILLIAMS, 19 TIMES AMERICAN ALL STAR BASEBALL PLAYER

Food and Diet



Promoting healthy eating

We are lucky enough to have our own School Food Advisor (Apple of my Eye) who comes into school on a weekly basis working with different classes to promote her love of cooking. Every class learns about the origins of food through their topic and how to achieve a balanced diet, a key aspect of staying healthy. She also runs an after school healthy cooking club in partnership with Night Owls.

In addition, all kitchen staff are now employed by the school and this allows us to serve up healthy meals, and provide our children with a balanced diet that meets the government's nutritional standards. The school encourages the children to try new and healthier options during lunchtimes. Children at All Saints also receive fresh fruit and milk daily.

Year 6 are also going to be embarking on an exciting new community project. They will be learning about the benefits of healthy eating in their science lessons and producing work to take out into the local community to present to patients at the Priory Medical Centre. A great opportunity for the children to show their independence and communicative skills as they help educate the community about the importance of a healthy diet.



"I really believe the only way to stay healthy is to eat properly, get your rest and exercise. If you don't exercise and do the other two, I still don't think it's going to help you that much.."

MIKE DITKA

Emotional Health

Emotional Health

The care and nurture of our pupils at All Saints is of primary concern. We view the school as one big family and understand that looking after pupils' emotional health is just as important as caring for their physical health. People who are emotionally healthy are in control of their emotions and behaviour. They're able to handle life's inevitable challenges, build strong relationships and lead productive, fulfilling lives.

Support

We have two experienced learning mentors who work closely with parents and children. The role consists mainly of home visits, helping children who have difficulties coming into school and helping deal with behaviour especially at lunch and break times. Along with other staff, they run programs such as SEAL (Social Emotional Aspects of Learning) which help children build strong bonds and friendships.



"I believe that the greatest gift you can give your family and the world is a healthy you."

JOYCE MEYER

All Embrace 2018-2020

Emotional Health



The school's learning mentors are Maureen Wignall and Jackie Woodburn. You can contact them by calling the school office on 0151 263 9561. They are also on the playground at the beginning and end of each day, keen to chat to parents.

Rainbows

Our Rainbows and Sunbeams programmes assist children who have suffered loss and are grieving, dealing with family illnesses, divorce or broken homes, abuse and other painful transitions. It is designed to provide support and healing and help children come to terms with any situation they are finding difficult. Staff involved act as facilitators and are there to listen and guide the children through a specially designed program. Participants tell their own story when they are ready and have the opportunity to learn how and who to reach out to for support.

Transition

During their life children have to go through many transitions and, at times, some children can find these changes difficult to manage. At All Saints we are here to support you and your child with all of this. We work very closely with the Children's Centre to ensure that children and parents/carers are ready for Nursery and Reception through our timetable of school readiness activities, Y6 visit new schools on transition days, our SENCO meets with all secondary schools to pass on vital information about children who may have difficulties, and of course all children meet their new teachers on our own school transition day. Y6 also have extra transition day at the Into University, where staff help them organise timetables, bags for their day and discuss any issues and concerns with going to secondary school.



British and International Values

Celebrating and promoting British values is central to everything we do at All Saints and helps support the Christian ethos that we consider so crucial to our pupil's growth and understanding of the country we live in. Our school council is carefully elected each year to give the children a basic understanding of the importance of democracy. They are also taught about the beginnings of democracy during their KS2 study of the Ancient Greek Civilization. Understanding and respecting rules and routines is central to the high standards of behaviour we expect from our children at All Saints.

Through assemblies and visits from key members of our society, children from a very young age are encouraged to reflect on what is right and wrong and encouraged to develop a strong sense of morality. Our weekly assemblies celebrate examples of excellent behaviour and the positive attitudes shown by our children. They understand that they must work hard and be grateful for the wonderful opportunities and rights available to them and are encouraged to compare these rights to those of less advantaged children around the world focusing particularly on our partner school in Sierra Leone.



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All Embrace 2018-2020



Through debating workshops in KS2 they learn the importance of being able to effectively communicate their thoughts and feelings on subjects they feel passionately about as well as respecting the views and opinions of others. Through programmes such as 'Show Racism the Red Card', All Saints' children understand that we live in a multi-cultural society and are taught to respect all and treat people the way they want to be treated.

Our links with our 4 key partner schools assists children in developing values of collaboration, partnership and tolerance of other cultures and identities. For example, our work with our partner school in Belgium has assisted children understand the shared sacrifice of many of our forefathers during WW1, both in Liverpool but also in Belgium.

British and International Values

Global Partners

Running through our curriculum is a belief that our children need to be connected with the wider world and make friendships and links with people from other countries, continents and cultures. This is important because:

- Of the cultural learning that results
- Of a shared commitment to the environment and to working within a harmonious community.
- It provides a base for relevant and meaningful communications surrounding the UN's global goals.
- It provides a context from which rich knowledge can be applied across a range of subject areas.

Over several years we have set up 4 key partners that are woven in and out of our curriculum.



1. Waterloo, Sierra Leone

Working with the Waterloo Partnership, St Vincent's School for the Blind, the Rotary Club and the British Council, this is possible our most active link. Each year, several staff visit our partner school to support our school, train teachers and set up curricular projects.

This is excellent continuing professional development for our staff, but our pupils are also involved, co-constructing training materials and delivering some of these via the internet. Sierra Leone also features as a contrasting location in the themed enquiries for both Year 1 and Year 3.



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All Embrace 2018-2020

Global Partners



2. Chongqing, China

We have signed a formal agreement with our partner school, Bashu School, in Chongqing back in 2016. Linking with our friends there has led to successful project e.g. a British Council funded project to help bring Shakespeare's plays to both schools. The Chinese pupils have also visited our school twice and have taken part in joint cultural projects. This partnership is being widened through the UK/China Access Initiative in Liverpool – some of our pupils will visit their Chinese partner schools in 2019.



3. Rouen, France

Following successful Erasmus funding, a rolling programme of CPD is in progress with teachers at All Saints attending a language school in Rouen, developing their own knowledge and skills, whilst at the same time visiting our partner school, Ecole Rosa Parks. Our work there is assisting our pupils' knowledge of French in addition to working on projects that promote the UN Global Goals.



4. Flanders, Belgium

A partnership with a school in Veurne, Belgium, has seen three groups of Y6 pupils join their Belgian classmates for outdoor pursuits' trips in 2011, 2013 and 2015 and 2017.

The next visit is planned for 2019. Additionally, the links between the schools have led to effective work in commemorating the Great War and the historical links between Liverpool and the Flanders' battlefields only miles from the school.



The school's house system is named after these four schools, serving as a constant reminder of the geographical, cultural and historical knowledge that enriches our curriculum.

Whilst all pupils may not all get the chance to visit these countries, they will come across them in their curriculum. The fact that they have a real context helps them to retain and link knowledge from one curriculum area to the other.

We also seek to provide training and support (to Sierra Leone in particular) in how to best support children with severe and complex learning difficulties. An annual Pupil Conference is organised by the school to ensure pupils are fully part of this work.

Learning to Serve

'Learning to Serve' is an integral part of our curriculum. Our school has a great responsibility to its community, and therefore learning should be active within this wider context.

We want our pupils to develop key leadership and communication qualities alongside acquiring rich and relevant knowledge. Crucially, as part of 'Learning to Serve', pupils also see their work in real, living contexts, assisting their community, mostly near, but sometimes far.

Starting in Reception, Year 1 and Year 2, children engage with local nursing homes and businesses on an informal level, related to their curricular themes. This introduces them to developing good, positive relationships on a multi-generational level.

By Year 3, these partnerships become more formally organised.



"I hated every minute of training, but I said, "Don't quit. Suffer now and live the rest of your life as a champion."

MOHAMMED ALI, GENERALLY CONSIDERED AMONG THE GREATEST HEAVYWEIGHTS IN THE SPORT'S HISTORY.



Learning to Serve

Year 3

All pupils gain the benefit of 4 weeks working alongside residents of the L'Arche Community in Kensington (@LArcheLiverpool). They take a role in serving this particular community, but they also learn alongside them, creating a range of arts and crafts. These are then offered/sold to parishioners and neighbours through community groups and parish links.

Year 4

All pupils in Year 4 spend 4 weeks working alongside pupils at St Vincent's School for the Blind as part of a 'reverse inclusion' initiative (@StVincentsL12). This sees children with disabilities working in their environment with friends from mainstream education on curriculum areas which both can access. In this initiative, both work with a professional artist to create 3-D Art and Ceramics related to chosen themes. These have relevance to a wider meaning e.g. a ceramic mural commemorating WW1, now sitting in the Town Hall in Liverpool.

Year 5

All pupils in Year 5 complete a 10-week 'Junior Curator' programme at Stonyhurst

College as part of the development of their remarkable museum exhibits (@Stonyhurst). They work alongside staff, students and experts to learn about historical artefacts, how to look after them, and how to present them to the public. By the end of the course, they are able to show their parents around a museum back at school, created as part of their Y5 humanities curriculum.

Year 6

All pupils in Year 6 complete 4 weeks of volunteering at a local GP Surgery in Anfield. They prepare guidance materials in line with GP requests. These are then shared with patient groups during a drop-in each week. These materials – booklets, posters, reports – tie in with science content from the curriculum, especially that related to anatomy, diet and health.

The aim of 'Learning to Serve' is for each pupil to develop leadership and communication skills, show a keen awareness of their responsibilities to their community, and see their learning and acquired knowledge in a wider meaningful context.

In Harmony

In Harmony Liverpool is a key driver of our curriculum and is run in partnership with Liverpool Philharmonic.

Each week, pupils take part in a series of lessons led by Liverpool Philharmonic musicians and school staff. All children are involved and music is a significant part of the children's week.

Performance and musical excellence is at the heart of In Harmony, with all children immersed in music and given the skills and experience to progress and develop as young musicians.

Children perform between at least 3 times each year in school and community settings in Liverpool, and with opportunities to perform in Liverpool Philharmonic Hall for special events and at national venues such as London's Southbank Centre and Sage Gateshead, as



"Looking after my health today gives me a better hope for tomorrow."

ANNE WILSON SCHAEF



"Happiness lies first of all in health."

GEORGE WILLIAM CURTIS



All Embrace 2018-2020



well as linking up with the school's partners across the world.

Children learn and perform repertoire from many different genres including classical, pop, traditional and new music written especially for and with them. Creativity is encouraged through different approaches to music making and composing new music from an early age.

In Harmony Liverpool activities include weekly parents and tots drop in sessions; a carefully constructed Early Years and Key Stage 1 curriculum to develop the key building blocks of music making; twice weekly group instrumental tuition from age 6 onwards; weekly orchestra rehearsals from age 7, plus further opportunities after school to join ensembles and learn and perform with likeminded young musicians.

In Harmony is an exciting new development not just for All Saints Catholic Primary, but for the whole Anfield community as part of Liverpool Philharmonic's In Harmony Liverpool programme.

We are In Harmony.

In Harmony





Community Links

Healthy Tuck Shop

The main aim of our tuck shop is to inspire young entrepreneurs and promote healthy eating at the same time. With the help of 'Fruit to Suit', we set up our tuck shop like a real business inviting all pupils in years 5 and 6 to apply for one of the roles. Children who are successful become part of the team and show their creative side by naming the tuck shop. Each member takes on one of the following roles:

1. Director
2. Manager
3. Finance team
4. Research team
5. Advertising team
6. Stock control assistants
7. Sales team

We encourage the children to be independent and they take total control over everything, including choosing stock, designing logos and posters, keeping financial records and phoning for new orders. Over the past two years, we have held business meetings with Fazenda's Relationship and Events Manager, Julia, to gain advice and new ideas into how a successful business can be sustainable and grow. We have also held an AGM at the restaurant – a tradition we are keen to continue!



The Fiver Challenge

Make £5 Grow gives young people aged between 9 and 11 years old the experience of starting a small business using a £5 loan from Virgin Money. The programme gives pupils an insight into how business works and helps them to build skills for the future, such as team working, problem solving, leadership, money management and creativity.

Pupils are split into groups and pool their money to design and develop a product or a service. Children are given 4-6 weeks to run the programme and see how far they can make their money grow. Once the loan has been repaid children decide how to spend any profit that has been made.



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All Embrace 2018-2020

Into University

IntoUniversity North Liverpool started in October 2017. It is the charity's first centre in Liverpool and is run in partnership with Liverpool FC Foundation and Liverpool University.

All Saints were fully involved in the planning and set-up of this centre, with much of this work starting as far back as 2015. It fits in with our strong belief in community learning, promoting high aspiration and ambition. We are also delighted that it is highly inclusive, there to support all children irrespective of ability or special need.

For Year 5 and 6 pupils, IntoUniversity gives pupils the chance to learn about the world of work, how certain courses assist your chances of certain careers and professions. Importantly, once the children have left All Saints, their involvement with IntoUniversity continues throughout their secondary education.

The work of IntoUniversity fits perfectly into the vision and ethos of our school. Learning is a community activity, not to be simply the preserve of the school hours. We want parents to be involved fully in learning alongside their children and support them with their development.

So for parents of children who are in the first part of their careers at All Saints, we would encourage you to keep in touch with the work of IntoUniversity, follow them on social media perhaps, and your child may get the opportunity to benefit from its work.

They are located in the Anfield Business Centre at the top of Breck Road.

We are grateful to Liverpool University and Liverpool FC Foundation for their patronage of this great opportunity for our pupils and community.



Our partners

- Anfield Sports and Community Centre
- Apple of my Eye
- Communications Plus O2
- Daisy Inclusive UK
- Fazenda
- Fruit to Suit (Healthy Tuck Shop)
- Into University Liverpool
- L'Arche Liverpool
- LFC Foundation
- North Liverpool Teaching School Partnership
- Priory Medical Centre
- Royal Liverpool Philharmonic – In Harmony
- St Vincent's School for the Blind
- Stonyhurst College
- Walton Hall Community Police



Community Links

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JOYCE MEYER

Sports Clubs in the Community

Basketball

See yourself as the next Jordan or Lebron James? Why not give basketball a go outside of school. For more details contact:

Liverpool Basketball

Contact: Karen Billington,
Tel: 0151 256 9768

Basketball Sessions at Arch Beck Tennis Centre (not the school), Broadgreen International School and Speke Sports Centre

Arch Beck Tennis Centre

Web: www.liverpoolbasketball.com
Email: liverpoolbasketball@hotmail.com
Facebook: Liverpool Basketball Club



Climbing

Year 5 and 6 already use the climbing hangar on Wednesdays. Why not try after schools or at weekends. A great way to stay fit in a relaxed atmosphere.

The Climbing Hanger

Web: www.theclimbinghangar.com

Girls football

Girls if you want to try out Football then contact Crosby Stuart JFC on the the links below.

Open to girls aged 7-15 years.

Crosby Stuart FC

Web: pitchers.com/clubs.crosbystuart
Twitter: @CrosbyStuartjfc



Gymnastics

City of Liverpool Gymnastics have a wide range of classes for all ages groups. Please visit the website for more information.

City of Liverpool Gymnastics

Web: www.cityofliverpoolgymnasticsclub.com

Hockey

10-12 every Sunday at IM Marsh. Boys and girls, experienced or beginners, ages 5-16.

Further details can be found at:

Mossley Hill Hockey

Web: mossleyhillhockey.com
Email: mossleyhillhockey@live.co.uk
Tel: Rob on 07921000692.





Ice skating/Ice Hockey

If you enjoyed floorball sessions on a Friday or fancy a skate check out silver-blades.

Silver Blades

Tel: 0151 420 7930 / 07921 863984
Email: jade.elson@silver-blades.co.uk
Web: www.silver-blades.co.uk



Netball

Girls if you want to try out netball then contact the links below. Open to year 5 and 6.

Liverpool College

Venue: Liverpool College
Tuesday night 6.00 – 7.00pm
Contact: Rachel – R.J.Grace@ljmu.ac.uk

Details of all our junior clubs on www.merseysidenetball.co.uk

England Netball (National Governing Body)

Contact: Lorna Rooke,
Netball Development Officer – Merseyside
Email: Lornar@englandnetball.co.uk

Rugby

The Liverpool Lions cater for all primary school aged children and are looking for players for next season. They are training and registering kids now ready for that.

Liverpool Lions

Email: secretary@liverpoollionsrlfc.co.uk

Running

Enjoying the daily mile? Why not join a running club? Check out the Liverpool Harriers website.

Liverpool Harriers

Web: www.liverpoolharriers.co.uk

Tennis

Want to be the next Heather Watson or Andy Murray? Then give tennis a go at Tennis Liverpool.

Tennis Liverpool

Web: www.tennisliverpool.wix.com/vagabondsltc

Facebook: [tennisliverpool](https://www.facebook.com/tennisliverpool)
Twitter: [@tennislpool](https://twitter.com/tennislpool)



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