## School Meals Menu w/c 4th September 2023

	Week 1	<u>Week 2</u>	<u>Week 3</u>
Monday	Hot dogs in finger rolls with onion, tomato sauce, sweetcorn and potato wedges.  V—Veggie sausage  Choc Chip Cookies	Ham pizza with beans and diced potatoes. V—Cheese pizza  Double chocolate muffins	Chicken burger in a bun with salad and sauce, spaghetti hoops and potato waffles. V—Vegetable burger  Shortbread biscuit
Tuesday	Pasta bolognese bake, garlic bread, and green beans. V- Vegetable bake Fruity Flapjacks	Chicken curry with rice and broccoli. V- Veg curry  Iced vanilla sponge	Beef meatballs in spicy tomato sauce with sweetcorn and penne pasta.  V- Veggie meatballs  Strawberry/chocolate mousse
Wednesday	Roast pork/turkey/gammon with potatoes, seasonal vegetables and gravy.  V- Quorn fillet  Iced Donuts	Minced beef pie with carrots, boiled potatoes and gravy. V- Cheese and onion pie Jelly and cream	Homemade scouse with beetroot and crusty bread. V- Quorn fillet Jam sponge and custard
Thursday	Chicken wraps, with noodles and peas. V-Vegetable wraps  Chocolate sponge and custard	Pork sausage with green beans and creamy mash potato. V- Vegetable sausage  Chocolate brownie	Spanish chicken with green beans and vegetable rice. V- Spanish quorn fillet Lemon drizzle cake
Friday	Fish fingers or Fish cake with chips and beans.  V-Cheese roll  Ice Cream	Fish fingers or Fish cake with chips and beans.  V-Vegetable burger  Ice Cream	Fish fingers or Fish cake with chips and beans.  V-Cheese roll  Ice Cream

School meal prices have increased to £2.00 as of 1st April 2019.

## <u>Deli</u>

Bread rolls, wraps and pasta served with a choice of fillings:

- Ham
- Turkey
- Tuna
- Cheese
  - Egg
- Mixed Salad
  - Coleslaw

(Available everyday except Friday)

Jacket potatoes, Cheese crackers, yoghurt and fruit are available every day.

If you have any questions regarding the menu please contact the school office on 0151 263 9561.